

Name:

Month/Year:



MATCH LOG

Record of activities for the Texas Grow! Eat! Go! & Better Living for Texans (TGEG/BLT) PILOT PROJECT

Your time is very valuable for the TGEG/BLT project. By reporting the number of hours you spend with TGEG/BLT activities, you enable Texas A&M AgriLife Extension Service to provide continued support for the project, your school, and your district/organization. This record of activity will help us determine how much time and what kind of activities are put into the project. By completing this record on a monthly basis we will be able to document and verify the efforts that are being made by (you) our partners. This will help us both with funding the project and evaluating its impact.

DIRECTIONS: On the following pages are several charts that outline common activities you will do in the TGEG/BLT project as well as space for you to include special or unusual things you might do. Be sure to include a date and circle an amount of time for each activity rounding up to the nearest ½ hour. Also, add notes for specifics or clarifications whenever possible or as requested. Each month we ask that you fill in the charts, total up the number of hours and enter the total on this sheet along with the other requested information. Sign, and ask a supervisor or official to sign, then return to the Extension Office for further processing.

If you have questions about the project or completing this form, please call
Better Living for Texans State Office: (979) 862-8935

TGEG specialist:
County Extension Agent:

Name (please print): _____ Title: _____

School/Site: _____ Grade(s): _____ # of Children: _____

I certify that the hours listed on this form are true to the best of my knowledge.

Total Hours: _____ **for Month/Year** _____

Signature: _____ Date: _____

Signature of school official/supervisor: _____ Date: _____

Agent signature: _____

County: MONTGOMERY

District: 9

Name:

Month/Year:

LEARN GROW! EAT! GO! ACTIVITIES:

Learn Grow! Eat! Go! is the classroom curriculum for the TGEG/BLT project. Below are the concepts and lessons included in the curriculum. You can use this as a check sheet for the completion of TGEG/BLT activities and a method for tracking the time you spend in the project.

Concept	Activity	Completed (Y/N)	Date	Round up and circle the closet ½ hour	
Concept 1	• Know & Show Sombrero			30 min	1 hour
	• 5 Senses Food			30 min	1 hour
	• Garden Journal, Tasting #1			30 min	1 hour
Concept 2	• Read <u>Tops & Bottoms, Plant Parts We Eat</u>			30 min	1 hour
	• Nutrients to Grow			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 3	• Don't Crowd Me			30 min	1 hour
	• Paper Towel Gardening			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 4	• Read <u>A Place to Grow, Home Sweet Home</u>			30 min	1 hour
	• Balloon Hot Potato			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 5	• Rules are Rules & Schedule It			30 min	1 hour
	• MyPlate			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 6	• Veggie Mania Research & Garden Graffiti			30 min	1 hour
	• GO, SLOW, WHOA Classification			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 7	• 10 in 2 Color Box			30 min	1 hour
	• One Week Dinner Tracker			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 8	• Beauty Contest			30 min	1 hour
	• Read <u>Ugly Vegetables, The Tasty Unknown</u>			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 9	• Read <u>Two Old Potatoes and Me, Old From New</u>			30 min	1 hour
	• Greasy Grid Evaluation			30 min	1 hour
	• Garden Journal			30 min	1 hour
Concept 10	• Kitchen Cotton Quantity Conversion			30 min	1 hour
	• Read <u>I Will Never Not Ever Eat a Tomato, Menu Mind Makeovers</u>			30 min	1 hour
	• Garden Journal			30 min	1 hour

Family stories are an additional supplement to the LGEG curriculum. If you sent the storybook, or individual stories home with students, or spent time reading or discussing the stories in class, please indicate below:

Family Stories	Date	Round up and circle closet ½ hour	
•		30 min	1 hour
•		30 min	1 hour
•		30 min	1 hour
•		30 min	1 hour
•		30 min	1 hour

Name:

Month/Year:

An important aspect of your TGEG/BLT project will be “hands-on” gardening including building, planning, maintaining, and harvesting garden beds or container gardens. Please indicate the time you spend with students, or on your own, in these types of activities, add notes indicating specific activity if possible:

Garden Activity	Date	Round up and circle closet ½ hour			
• Garden Location Process/container prep		30 min	1 hour	1 hr 30 min	2 hours
• Garden Build		30 min	1 hour	1 hr 30 min	2 hours
• Garden Planting		30 min	1 hour	1 hr 30 min	2 hours
• Garden Maintenance		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
• Garden Harvest		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours
		30 min	1 hour	1 hr 30 min	2 hours

There are additional optional LGEG related activities (from the Junior Master Gardener curriculum) that can supplement your TGEG/BLT project. Lessons and activities that are related to vegetables are considered TGEG/BLT match activities. Please indicate any of these activities below:

Optional Activities	Completed (Y/N)	Date	Circle answer to the closet ½ hour	
• Gas Gobblers			30 min	1 hour
• Veggie Mania Game			30 min	1 hour
• Fall Garden to the Table			30 min	1 hour
• Blue Potato			30 min	1 hour
• Seed Bank			30 min	1 hour
• Cheaper to Grow or Buy?			30 min	1 hour
• Green Relay Photosynthesis Game			30 min	1 hour
• Eating Energy			30 min	1 hour
• Geo, Thigmo, Photo, Hydro: Plants Move!			30 min	1 hour
• Junk Food Blues			30 min	1 hour
• Spring Garden to the Table			30 min	1 hour
• Other:			30 min	1 hour
• Other			30 min	1 hour

Name:

Month/Year:

Another important part of LGEG is the veggie tastings and recipe demos. Please indicate the time spent in these activities below. Write in the specific vegetable tasted or the recipe demonstration that was presented. These activities can be led by you, Extension staff, or volunteers.

Veggie Tastings and Recipe Demonstrations	Date	Circle answer to the closet ½ hour	
• Veggie Tasting:		30 min	1 hour
• Recipe Demonstration:		30 min	1 hour
• Veggie Tasting:		30 min	1 hour
• Recipe Demonstration:		30 min	1 hour
• Veggie Tasting:		30 min	1 hour
• Recipe Demonstration:		30 min	1 hour
• Veggie Tasting:		30 min	1 hour
• Recipe Demonstration:		30 min	1 hour
• Veggie Tasting:		30 min	1 hour
• Recipe Demonstration:		30 min	1 hour

WALK ACROSS TEXAS! ACTIVITIES:

Walk across Texas is the Physical activity component of the TGEG/BLT project. An assortment of physical activity components can relate to TGEG/BLT. There are a variety of WAT activities and lessons online at www.walkacrosstexas.tamu.edu that you can use to supplement your classroom with TEKs related physical activities. These can be used for “brain breaks” or just a fun daily activity. If you do a single WAT related activity multiple times throughout the week, add up all the time spent and circle the closest to the total time. Be sure to include any planning and prep time for the WAT activities, including using the online system www.walkacrosstexas.tamu.edu and time spent.

Walk Across Texas related activity	Date	Round up to the closet ½ hour	
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour

Name:

Month/Year:

Listed below are the main events expected to occur during implementation of Walk Across Texas! project either formally (using the online record keeping system) or informally. Please add in any additional physically active events that your classroom may have done outside of normal Physical Education classes and the WAT related activities.

WAT Activity	Date Completed	Round up to the closet ½ hour			
Kick-Off Event		30 min	1 hour	1 hr 30 min	2 hours
Midway Event		30 min	1 hour	1 hr 30 min	2 hours
Celebration Event		30 min	1 hour	1 hr 30 min	2 hours
Weekly Newsletters					
• Pre-event		30 min	1 hour	1 hr 30 min	2 hours
• Week 1 - Get Active!		30 min	1 hour	1 hr 30 min	2 hours
• Week 2 - Dress it Up!		30 min	1 hour	1 hr 30 min	2 hours
• Week 3 - Staying Safe		30 min	1 hour	1 hr 30 min	2 hours
• Week 4 - Tackle the Heat!		30 min	1 hour	1 hr 30 min	2 hours
• Week 5 - Family Food Time		30 min	1 hour	1 hr 30 min	2 hours
• Week 6 - Out and About		30 min	1 hour	1 hr 30 min	2 hours
• Week 7 - Family Fun Time		30 min	1 hour	1 hr 30 min	2 hours
• Week 8 - Keep on Moving!		30 min	1 hour	1 hr 30 min	2 hours
• Post-event		30 min	1 hour	1 hr 30 min	2 hours
Bingo					
• Sending Bingo Card Home		30 min	1 hour	1 hr 30 min	2 hours
• Collecting Bingo Cards		30 min	1 hour	1 hr 30 min	2 hours
Bonus Miles Form					
• Time Entering Data		30 min	1 hour	1 hr 30 min	2 hours
Additional Physical Activity (outside of PE)		Date Round up to closet ½ hour			
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours
•		30 min	1 hour	1 hr 30 min	2 hours

Name:

Month/Year:

GENERAL ACTIVITIES RELATED TO TGEG/BLT:

You will spend some of your time in the TGEG/BLT project in training, planning, and conferencing, and reporting. Please indicate the time you spent in these activities below including meetings and trainings with your teaching team, administrators, County Extension Agents, the TGEG Project Specialist, the BLT Extension Assistant, other teachers, parents, or volunteers where the TGEG/BLT projects and/or any of its components was the topic. These meetings and trainings could be in person, on the phone, or technology assisted through email, text, social media, or online. Please write a brief description of the activity in the blank provided.

Conferences, Meetings, and Training, etc.	Date	Round up and closest ½ hour	
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
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		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour

Finally, use the space below to report any other activities you completed that relate to the TGEG/BLT project, but you weren't sure where else to put them. Write the activity in the space provided and indicate the time spent, rounding up to the nearest ½ hour.

Activity	Date	Round up and closest ½ hour	
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour
		30 min	1 hour

THANK YOU FOR YOUR CONTRIBUTION TO THE TGEG/BLT PROJECT!