**Learn, Grow, Eat & GO! Teacher Training Workshop  
*3 hour version***

LGEG Introduction, Benefits, communities, Collaborations 10mins

Table Hands-On: WK1*Know and Show Sombrero* 15mins

**LEARN** Overview: Weeks 1-4 20mins

Large group outdoors activity (if possible): WK4*Home Sweet Home* 15mins

**LEARN** Overview: Week 5 5mins

**GROW** Overview: Starting School Gardens 15mins

AHA! *or* I NEED MORE INFORMATION Initial Group Discussion 15mins

**LEARN** Quick highlights: Weeks 6-10 10mins

**EAT** Overview 15mins

Garden Kitchen Recipe demo: *Cinnamon Carrot Crunch*

**GO** Overview & *Walk Across Texas* Feature 15mins

Large group activity: WK2*Team Bubble Burst* 15mins

Building School and Community Support and Moving Forward 10mins

AHA! *or* I NEED MORE INFORMATION Group Discussion 20mins