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| **Learn, Grow, Eat & Go! Sample Volunteer Schedule** | **Learn, Grow, Eat & Go!**  **base curriculum lessons** | **Curriculum**  **volunteer**  **tasks** | **Garden**  **volunteer**  **tasks** | **Vegetable**  **samples**  **volunteer tasks** | **Recipe demo**  **volunteer**  **tasks** |
| Week 1 | ***A: Know & Show Sombrero***  ***B: 5 Senses Food*** | B. Prepare and deliver carrot samples | Begin soliciting  donations for garden supplies | Begin soliciting  donations for vegetable samples | Prepare for and present  recipe to class |
| Week 2 | ***A: Tops & Bottoms, Plant Parts We Eat***  ***B: Nutrients to Grow*** | Begin gathering supplies for Garden Graffiti  lesson in Week 6 |  | Prepare and deliver  featured veggie  samples | Prepare for and present  recipe to class |
| Week 3 | ***A: Don’t Crowd Me***  ***B: Paper Towel Gardening*** |  | Pick up and deliver  garden supplies | Prepare and deliver  featured veggie samples | Prepare for and present recipe to class |
| Week 4 | ***A: A Place to Grow, Home Sweet Home***  ***B: Balloon Hot Potato*** |  | Assist with garden  build and planting | Prepare and deliver  featured veggie  samples | Prepare for and present  recipe to class |
| Week 5 | ***A: Rules are Rules and Schedule It\****  ***B: MyPlate*** |  | A. Each week, take  small groups of  students to tend to the garden | Prepare and deliver  featured veggie  samples | Prepare for and present  recipe to class |
| Week 6 | ***A: Veggie Research and Garden Graffiti***  ***B: GO, SLOW, WHOA Classification*** | Help the students paint their Garden Graffiti projects | A. Help with preparing for and painting | Prepare and deliver  featured veggie  samples | Prepare for and present  recipe to class |
| Week 7 | ***A: 10 in 2 Color Box***  ***B: 1-Week Dinner Tracker*** |  |  |  |  |
| Week 8 | ***A: Fruity Beauty and Blind Taste Test***  ***B: Two Old Potatoes and Me,***  ***The Tasty Unknown Food Chain*** | B. During the lesson, help  chop apples into bite-sized  pieces |  |  |  |
| Week 9 | ***A: Growing New from Old***  ***B: Greasy Grid Evaluation*** |  |  |  |  |
| Week 10 | ***A: Kitchen Cotton Conversion***  ***B: I Will Never Not Ever Eat a Tomato,***  ***Menu Mind Makeovers*** |  |  |  |  |

This sample agenda can help you organize parents and other volunteers to help with this project. It assumes full implementation of the base curriculum, vegetable sampling, and recipe demonstrations.

More at: www.JMGkids.us/LGEG