



LEARN, GROW, EAT & GO!

TEXAS A&M
AGRI LIFE
EXTENSION

Evaluation Overview

LGEG is an evidence-based program with predictable outcomes when the program is implemented fully using all program components. The randomized controlled trial study with 1369 students and 1206 parents demonstrated significant nutrition and physical activity behavioral outcomes and reduced child overweight. Assuring full implementation of all program components would provide high confidence in obtaining outcomes similar to those outcomes of the research project.

Student Evaluation Instructions

By request, a short pre and post program survey based on the student research survey was created to measure student learning and behavior change. This survey should be able to be completed by 3rd grade and older students in 20 minutes. The LGEG website: <http://imgkids.us/lgeg/> has a vegetable power point used with the survey in the research study. Pre- and post-results for individual students could be analyzed using t-Tests to determine behavior changes.

Frequently Asked Questions:

When should the surveys be administered?

Conduct the pre-and post- surveys on a day following a regular school day. Do not conduct surveys on a first day back to school after a weekend or holiday due to the food and activity recall questions. You want to conduct the pre and post survey on a day after the students have been in school the previous day in order to maintain consistent results for those questions.

How should I make copies?

Copy the two-page master form for the pre- and post-surveys on a single sheet of paper (front and back). Do not copy as two front-side only pages that are stabled together.

For clarity and ease-of-handling, you can copy the pre- and post-surveys on different color paper if you prefer but make sure you use light colors such as pastel yellow or green.

What instructions should I give student in completing the survey?

Remind them of the marking instructions which are at the top of the survey (i.e., to completely fill-in bubbles). If they want to change an answer, mark an X through the first answer. They can use pen or pencil.