



Learn, Grow, Eat, & GO! Training 2017

- Student, family, and volunteer engagement
- School gardens
- Physical activity
- Vegetable tastings & recipe demonstrations
- Positive health outcomes
- Highly engaging activities
- Linked to grade level readiness
- Supports college and career readiness

The Learn, Grow, Eat, & GO! curriculum provides 10 concepts of instruction that emphasize Science, Math, Language Arts/Reading, Writing, Social Studies, Physical Education, Health, Horticulture, and Nutrition all with a solid correlation to the Texas Essential Knowledge and Skills (TEKS) standards.



- Total number of TEKS: 99
- Total number of TEKS eligible for STAAR testing: 36
- Total number of TEKS eligible for STAAR testing as Readiness Standards: 16
- Total number of TEKS eligible for STAAR testing as Supporting Standards: 20

Join us on Wednesday, July 19, 2017

9:00 a.m. to 4:00 p.m.

Nacogdoches County Annex Building

203 West Main Street in Nacogdoches for this fun, interactive training! We will walk through the lessons, plant a container garden, taste vegetables and participate in food demonstrations.

Registration fee is \$25 per person – includes SBEC Hours

Supplies, lunch and refreshments will be provided.

Sponsorships will offset the cost of the curriculum manuals and will be available for purchase at a reduced price (See attached registration form).

“We know that obesity is more common now than ever, so when we saw how excited the students were when we built the garden we knew this project was going to have a major impact on our students and community...” 3rd grade teachers

“LGE is a perfect example of a wellness program that addresses a variety of interests and provides a lifelong wellness skillset...it is our hope that the students impacted by this program will continue to be wellness role models in the community.” School District Wellness Personnel

“Learn, Grow, Eat, & Go! Helped plant a seed in our minds to implement fifty gardens in fifty of our schools.” School District Program Specialist for Health and Physical Education