



Learn, Grow, Eat, & Go! Community Partner Training

Tuesday, October 10th, 2017— 9:00 am to 2:00 Pm

Location: Texas A&M AgriLife Extension Brazoria County – 21017 CR 171, Angleton, 77515

Registration \$40 includes: 5 CEU's Professional Development; lunch; program materials

Registration limit to 20, deadline is Thursday, October 5, 2017

For more information and to register: <https://brazoria.agrilife.org/>

Let's Get Growing Healthy Communities with Learn, Grow, Eat, GO!

You are invited to register for a professional development training to introduce **Learn, Grow, Eat, & Go!** curriculum that is part of the TX A&M AgriLife Extension's Junior Master Gardener program. All curriculum are TEKS aligned for grade levels 3 to 5.

Learn, Grow, Eat & GO! curriculum provides ten (10) concepts of instruction that emphasize Science, Math, Language Arts/Reading, Writing, Social Studies, Physical Education, Health, Horticulture and Nutrition all with a solid correlation to the Texas Essential Knowledge and Skills (TEKS) standards.



Total number of TEKS: 99

Total number of TEKS eligible for STAAR testing: 36

Total number of TEKS eligible for STAAR testing as Readiness Standards: 16

Total number of TEKS eligible for STAAR testing as Supporting Standards: 20



Contact Stephen Brueggerhoff, CEA Horticulture / JMG Specialist for information at 979-864-1558 or email: sbrueggerhoff@tamu.edu

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in this program are encouraged to contact Brazoria County AgriLife Extension **5 days prior to the event** to determine reasonable accommodations

More About Learn, Grow, Eat & GO!

AgriLife Extension's trainers will demonstrate how health/nutrition and physical activity programs can strengthen the health and wellness of your students, their families and the community, as well as support your students' academic needs in relation to the state assessment requirements. Curricula are aligned with the state mandated TEKS and support both the STAAR Readiness and STAAR Supporting Standards in Science, Math and ELA.

Extension staff will work with each site to build support, train volunteers and manage available resources toward implementation of 20 lessons within a school year. Extension staff will explore an opportunity to work with site staff, volunteers and teachers to host a "family engagement" event such as Family Meal Time to engage youth and parents in the preparation of the healthy simple recipes featured in the LGEG Curriculum.

Workshop Description:



A garden can be good for the mind, body, and soul! This training will cultivate awareness of how school gardens can be used as a tool to educate children and families on the importance of healthy eating and active lifestyles. Using the Junior Master Gardener LGEG curriculum and Walk Across Texas (WAT) lessons and activities, participants will learn how to: integrate learning (**LEARN!**) in science, math, language arts, and health with a school garden (**GROW!**); incorporate tasting vegetables and vegetable recipe demonstrations (**EAT!**); and increase physical activity in children and their families (**GO!**)

Learn about JMG and LGEG curricula/success stories and the variety of ways school garden programs can be supported through local extension staff and Master Gardeners, district food service directors and staff, SHACs, parent groups, ESL participants and community service groups such as churches. This training will empower participants to think of school garden programs as effective teaching tools to improve children and families engagement and health.

What school personnel are saying about Learn, Grow, Eat & GO!

"We know that obesity is more common now than ever, so when we saw how excited the students were when we built the garden we knew this project was going to have a major impact on our students and community.." - 3rd grade teachers

"[This] is a perfect example of a wellness program that addresses a variety of interests and provides a lifelong wellness skillset...it is our hope that the students impacted by this program will continue to be wellness role models in the community." -School District Wellness Personnel



Youth learn to eat more vegetables

Students engaged building gardens and grow vegetables

Cooking recipes in classroom