

# Seeds & Roots

## Song of the week!

Learn, Grow, Eat & Go!  
EARLY CHILDHOOD  
Week 2

### ***Roots are growing in the ground!***

*(Tune: Old McDonald Had a Farm)*

Roots are growing in the ground *(motion – start upright and go down)*

Soaking water up *(rise slowly up from down position)*

Fibrous roots spread all around

*(arms widespread, fingers open and out like fibrous roots, twirl)*

Tap roots go way down *(use hands point down, and jump)*

Roots are here, roots are there, please be careful, tend with care

*(motion to left, motion to right, then finger to mouth and quietly with ssshh motion)*

Roots are growing in the ground

Soaking water up

Roots are growing in the ground

Soaking water up

Pull your roots to wash and eat *(mimic pulling up and eating)*

Carrots and red beets *(mimic sound of crunching and eating a carrot)*

Roots are here, roots are there, please be careful, tend with care

Roots are growing in the ground

Soaking water up.

Sing the song at least once a day. It can be at the beginning, middle or end of a lesson. Our recommendation is to start the first lesson of the day with this song, but it can be incorporated at any time. It may be a good movement activity if the students are getting restless and having a hard time paying attention. Sing the song with the students and do the motions. Encourage participation. Watch the video before the week begins to see some students singing this song. Discuss the meaning of the song and remind students the difference between fibrous and tap roots once they have learned that concept.

JMG Early Childhood Pilot Curriculum Study

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PILOT DRAFT