



A garden can be good for the mind, body, and soul! This training will cultivate awareness of how school gardens can be used as a tool to educate children and families on the importance of healthy eating and activity lifestyles utilizing the *Learn, Grow, Eat & Go!* curriculum and Walk Across Texas lessons

***Learn, Grow, Eat & Go!* School and Community Partners Training**

March 6, 2019

9:00 AM - 4:00 PM

Resource Connection

2300 Circle Dr.

Building 2300 Maple Room

Ft. Worth, Texas 76119

Cost: \$15 includes lunch OR

\$75 includes lunch and one copy of the Learn, Grow, Eat, Go Curriculum

CBEC Hours Provided for Teachers

Trainers: Lisa Whittlesey, National Junior Master Gardener Program Coordinator

Randy Seagraves, Junior Master Gardener Curriculum Coordinator

Caren Walton, Extension Program Specialist

Register online at

<https://agriliferegister.tamu.edu/Tarrant>

LEARN! coordinate classroom learning in science, math, language arts, and health

GROW! a school garden

EAT! incorporate vegetable tasting and vegetable recipe demonstrations

GO! increase physical activity in children and their families