

Stems & Leaves

weekly overview

Learn, Grow, Eat & Go!
EARLY CHILDHOOD
Week 3

Day 1

Lesson A: Coloring Celery Science

Lesson B: Stem Investigation

Activity: Sipping Stems (Science)

Journal Prompt: Draw a picture of a plant with a stem.

Day 2

Lesson A: Up & Down Stems

Lesson B: Stems We Eat - Tasting

Activity: Cylinder Hunt (Math)

Journal Prompt: Draw a picture of a stems that you can eat.

Day 3

Lesson A: Mystery Touch & Feel

Lesson A: Leaf Investigation

Activity: Leaf Prints (Art)

Journal Prompt: Draw a picture of leaves on a plant.

Day 4

Lesson A: Sink & Float

Lesson B: Leaves we Eat - Tasting

Activity: Leaf Letters (Literacy)

Journal Prompt: Draw a picture of a leaf you can eat.

Day 5

Lesson A: Tea Tasting

Lesson B: Stems Connect Roots to Leaves

Activity: Garden Kitchen (Nutrition & Fine Motor)

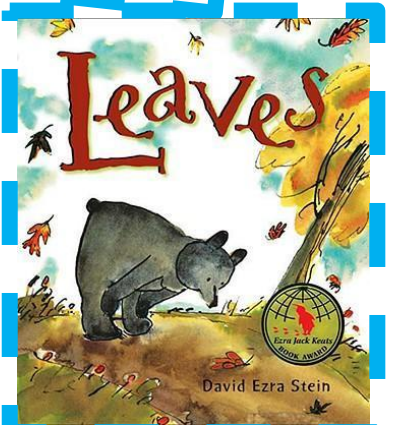
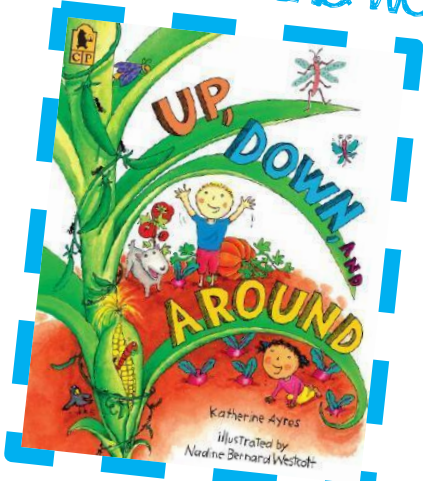
Journal Prompt: Draw a picture of the food we cooked today.

Grow Gardening Resource : **Plant a Featured Crop**

Eat Food Exposure: **Dilly Spinach Dip with Celery Sticks**

GO Brain & Body Boosting Movement : **Red Light, Green Light**

books of the week:



Song of the week:



Family Engagement: Send home edible stems (like celery) & leaves (like baby spinach) to try. Ask families to look for opportunities to eat other edible stems & leaf vegetables. Ask each family to notice stems and leaves growing around their home!