



LEARN

DAY one

Lesson Seed Dissection Explore seeds to find the baby plant inside.

GROW Activity Growing Carrots or Radishes Plant radish or carrot seeds in the garden.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of what you think a seed and root look like when planted in the ground.

DAY two

Lesson Seed Investigation Examine and classify different types of seeds.

Activity Seed Mosaic Glue seeds to paper to make interesting patterns and designs.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of a seed you can eat.

DAY three

Lesson Bare Root Bucket Pull up carrots, grass, and other plants to observe the types of roots growing in the soil.

GO Activity Garden Yoga Stretch and hold yoga positions inspired by the garden.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of a root that we explored today.

DAY four

Lesson Root Investigation Examine and classify different types of roots.

Activity Graphing Carrots Explore and graph favorite forms of fresh carrots.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of a root that you can eat.

DAY five

Lesson Twisty Roots Build a model of roots from paper towels to show how water and nutrients move up into plants.

EAT Activity Garden Kitchen Make and enjoy a yummy, nutritious, and kid-tested recipe!

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of the food we made today.

GROW Gardening Resources Plant Carrot or Radish Seeds (Day 3)

EAT Food Exposure Seed Investigation (Day 2), Graphing Carrots (Day 4), and Garden Kitchen Recipe (Day 5)

GO Brain and Body Boosting Movement Garden Yoga (Day 3)