

2025 Participant Survey Results

Early Childhood - Learn, Grow, Eat & GO!

TOTAL PARTICIPANTS

| Gender Breakdown | | | |
|--|------|-------|---------|
| Gender | # | % | Avg Age |
| Female | 2110 | 49.6% | |
| Male | 2125 | 50% | |
| Did not indicate | 15 | 0.4% | |
| Total participants who submitted both pre and post surveys | | 4250 | |

| Race Breakdown | | |
|---|------|-------|
| Race | # | % |
| American Indian / Alaskan Native | 25 | 0.6% |
| Asian | 33 | 0.8% |
| Black / African American | 795 | 18.7% |
| Native Hawaiian or Other Pacific Islander | 14 | 0.3% |
| White | 3277 | 77.1% |
| Prefer not to respond | 138 | 3.2% |

| Ethnic Breakdown | | |
|-----------------------|------|-------|
| Ethnicity | # | % |
| Non-Hispanic/Latino | 0 | 0% |
| Hispanic/Latino | 1334 | 31.4% |
| Prefer not to respond | 200 | 4.7% |

Relevance

Texas A&M AgriLife Extension Service's, Early Childhood Learn, Grow, Eat & GO! (LGEG) – Junior Master Gardener curriculum, is a four (4) week academically rich, early childhood focused, (4-and 5-year-old children) program incorporating age appropriate practices identified by research and combines interdisciplinary elements of garden science, nutrition, food preparation, vegetable tastings, and physical activity to improve the health and wellness of children, families, and the school community.

Response

31 Texas counties participated with a total of 4,520 youth participants statewide. A retrospective post-test was completed by preschool educators to determine, based on their observations, if students were more willing to taste fruits and vegetables and have increased physical activity after the program.

| Teacher Feedback Results | | | |
|---|------------------|--------------|------|
| | No. of Responses | Selected Yes | Pct. |
| 1. Percent of participants that were observed to be more willing to taste fruits after beginning this program. | 4250 | 3818 | 90% |
| 2. Percent of participants that were observed to be more willing to taste vegetables after beginning this program | 4250 | 3328 | 78% |
| 3. Percent of participants that were observed to have increased physical activity after beginning this program. | 4250 | 3346 | 79% |