

ACTIVITIES

Hamburger Plant

Objective: To learn that we depend on plants as the original source of most food.

Time: 30 minutes.

Materials: Paper, crayons or colored pencils, chalkboard or poster.

Ask the junior gardeners if they know that hamburgers come from plants. Have them imagine what a hamburger plant might look like. Ask volunteers to describe it for you. Assign them to draw what they think a hamburger plant looks like.

Explain that hamburgers really do come from plants, but there is no such thing as a real hamburger plant. Have the gardeners call out the ingredients found in hamburgers, and write the ingredients on a chalkboard or poster.

Tell them you will circle any word that names a plant. Go through each ingredient on the list that is not a plant and ask them where it comes from. Beside the ingredient, write where it originates until you find a link to plants.

Example:

