

Plant Parts We Eat

Objective: To identify the various plant parts used for food.

Time: 40 minutes.

Materials: Poster, markers, “Tops and Bottoms” by Janet Stevens, Sequencing Tops and Bottoms page (in the Appendix), plant parts that are food items.

Have the gardeners recall the six basic plant parts. Ask them which plant parts are eaten by people. Show them the items you brought and have them guess from what part of the plant they originated. Explain that we eat all kinds of plant parts.

With the gardeners, create a plant parts food web. In the middle of a poster board, write the words PLANT PARTS. As the students call out the names of each plant part, write them on the poster and connect them. Have the gardeners complete the web by thinking of examples of each type of food. They can write those words and connect them to each of the plant parts.

