



LEARN

DAY one

Lesson **How Do Plants Grow?** Discuss seeds and learn how they grow.

GROW Activity **Finding a Garden Home** Go outside and find a place for the garden to grow.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of something that will help make our plants grow!

DAY two

Lesson **Underground Root Table** Crawl “underground” beneath a pipe cleaner root table to explore roots and other plant parts.

Activity **Rainbow Roots** Create take-home models of plants with pipe cleaner roots.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of the roots you made.

DAY three

Lesson **Mop Flower** Build a giant flower using a mop, pool noodle, and poster board.

GO Activity **I Am a Growing Plant!** Use imagination to be a seed growing into a plant.

Daily Literature Connection and Song of the Week

Journal Prompt Draw a seed, root, and stem of a plant.

DAY four

Lesson **Healthy Henry** Fill an outline of a person with vegetables and explore tasting them.

Activity **Sorting Plant Parts** Sort plant parts by color and size.

Daily Literature Connection and Song of the Week

Journal Prompt Draw leaves, flowers, and the fruit of a plant.

DAY five

Lesson **Grow a Pumpkin** Draw the stages of a plant from seed to fruit, then cut open fruit to find seeds.

EAT Activity **Garden Kitchen** Make and enjoy a yummy, nutritious, and kid-tested recipe!

Daily Literature Connection and Song of the Week

Journal Prompt Draw a picture of the food we made today.

GROW **Gardening Resources** **Finding a Garden Home** (Day 1)

EAT **Food Exposure** **Healthy Henry** (Day 4) and **Garden Kitchen Recipe** (Day 5)

GO **Brain & Body Boosting Movement** **I Am a Growing Plant!** (Day 3)