

Week 1



Share your photo on social media with hashtags **#funfoodface** and **#EarlyChildhoodLGE6**.

Learn with Me at Home Activity: Fun Food Face Project

This week, our class has learned that plants have different parts. Students know that some of those plants have parts we can eat that are very tasty and good for us.

Challenge your child to help you build a face out of food that includes as many different plant parts as possible. Examples of some foods that come from different plant parts are below. Take a picture of your child's fun food face to share with your teacher, then enjoy eating the fun food face together!

- Seeds:** corn, beans, nuts
- roots:** carrots, radishes, sweet potatoes
- stems:** celery, asparagus
- leaves:** spinach, lettuce
- flowers:** broccoli, cauliflower
- fruit:** oranges, apples, tomatoes, bell peppers



Learn at Home Tips:

- Compliment your child's ideas and creativity as he or she creates a face.
- Let your child see you eating and enjoying the different plant parts.
- Let your child hear you describing the food you are enjoying together. (Such as: "The lettuce is crispy," or "I love the juicy orange," or "I think this bell pepper is sweet!")