

# Learn, Grow, Eat and Go!



Join us on **Monday March 24th** for Learn, Grow, Eat and Go! Facilitator training

## What:

Learn, Grow, Eat and Go - School Age and Early Childhood Curriculum Training.

## When:

**March 24th**

School-Age Training: 9:30-11:30 a.m.

Early Childhood Training: 1:00-3:00 p.m.

## Where:

Raising Nebraska - 501 East Fonner Park Road Suite 100  
Grand Island, Ne 68801 (Inside the Nebraska Building)

## To Register (\$30 per session):

- Visit [https://go.unl.edu/lgeg\\_march24](https://go.unl.edu/lgeg_march24) or
- Scan the QR code



**School-age Session:** Learn, Grow, Eat & Go! (LGEG) is a researched, evidence-based curriculum developed by teachers for teachers. This 10-week program combines academic achievement, gardening, fresh vegetable exposure, physical activity, and school & family engagement.

**Early Childhood Session:** Early Childhood LGEG is a 4-week multifaceted curriculum that combines plant and garden learning, food exposure, brain- and body-boosting physical activities, and novel parental engagement well-built around plant part themes.

**For questions contact: Julie Boyle - [julie.boyle@unl.edu](mailto:julie.boyle@unl.edu) - 402-987-2140**

If staying for both sessions you can bring your lunch and participate in a tour of Raising Nebraska or you can go out for lunch.

